



129 South Tennessee, McKinney, Tx  
214-797-3416

## **True Pilates Combines Apparatus & Mat Work**

**Your choice of Package A or B: Group commitment of 3 or more, must sign up for multiple months to receive discount, and thirty day notice required.**

**A. Two classes per week:  
\$280.00/month**

**Special: sign up before Christmas with 3mo commitment \$175.00/mo  
OR**

**B. Three classes per week:  
\$340.00/month**

**Special: Sign up before Christmas with 3mo commitment \$240.00/mo**

## **DAY/TIME**

**MON / WED / FRI @ 8:30 AM (Intermediate/advanced)**

**MON / WED @ 9:30 AM (beginner)**

**MON / WED @ 12:00 noon \*\*new class\*\***

**MON / WED @ 5:15 PM (Intermediate)**

**MON / WED @ 6:15 PM (beginner)**

**Mon @ 7:15 PM \*\*Men's Core \*\***

**TUE / THUR @ 8:15 AM (beginner)**

**TUE / THUR @ 9:15 AM (beginner)**

**Thur 5:15 pm \*\*new class\*\***

**Thur 6:15 pm Chakra balancing yoga (beginner)\*\*\***

**SAT = mat w/small apparatus @ 8:30 AM or 12:45 (check schedule)**

*Special thru Dec. 30, 2009*